

WHAT TO PACK

(For a Typical 5 Nights Stay)

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|--------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Socks (5 pair) | <input type="checkbox"/> Sneakers | <input type="checkbox"/> Soap |
| <input type="checkbox"/> Shorts (4-5 pair) | <input type="checkbox"/> Underwear (daily change) | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Pants/Jeans (2 pair) | <input type="checkbox"/> Swimsuits (see box below) | <input type="checkbox"/> Toothbrush & Toothpaste |
| <input type="checkbox"/> Shirts (daily change) | <input type="checkbox"/> Pajamas | <input type="checkbox"/> Brush/Comb |
| <input type="checkbox"/> Sweater/Sweatshirt/Jacket | <input type="checkbox"/> Rain Gear | <input type="checkbox"/> Towels (2) & Washcloth |
| <input type="checkbox"/> Sleeping Bag (or sheets/blanket) w/pillow | | |

Remember that camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Older clothes are the best option.

The following items are things that may enhance your week at camp. The site has limited supply of these items that can be provided for campers while they are attending their program.

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| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Special Equipment for your Program (see your <i>welcome letter</i>) | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> Backpack/Book bag | <input type="checkbox"/> Anything that will remind you of home (stuffed animal, etc.) |
| <input type="checkbox"/> Flashlight w/Fresh Batteries | | |

***Please Leave the Following Items at Home:

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| <ul style="list-style-type: none">• Radio/CD/MP3/Tape Players• Video Games• Money• Cell Phones/Pagers/iPods | <ul style="list-style-type: none">• Hair dryers/Curling Irons• Aerosol Cans• Expensive Clothing/Valuables• Weapons | <ul style="list-style-type: none">• Inappropriate Clothing (see below)• Food/Drinks/Candy• Alcohol/Drugs/Cigarettes |
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Please Note: We ask that **ALL** clothing at camp be modest and free of mottos, sayings or advertisements that conflict with the spirit of Christian community (offensive language, drug promotion, sexual innuendo, etc.) **Swim Trunks** are required for males and **one-piece swimsuits** for females. **All other** types of clothing should completely cover undergarments and fit properly for active wear.

You/Your child's cooperation with this matter will help ensure a great week for all campers and staff.

My Child is at camp – Now What?

- ✓ Pray for your camper, their group, and the staff at camp.
- ✓ *Write letters.* Letters from home are very important, especially for first time campers. Three or more letters per week is not excessive. Please send correspondence to campers as follows:

Camper's Name & Program	Casowasco	158 Casowasco Drive	Moravia, NY 13118
	Aldersgate	7955 Brantingham Road	Greig, NY 13345

We often have "camper sick" parents; so give your child materials to encourage them to write to you.

Remember, it can take several days for a letter to get to camp, so write letters early in the session – even before campers leave home – and don't expect to receive your first letter until well into the camp session.

- ✓ Parents are asked not to send packages. Packages received while your child is at camp will be held at the office until the end of the week and then sent home with the child.
- ✓ Please *do not* phone your child, as contact with home tends to heighten adjustment problems. **All cell phones and pagers should be left at home. Cell phones and pagers brought to camp will be collected and kept in the office for the duration of the program.**
- ✓ If there is an emergency at home, please call the site office and your message will promptly be conveyed through the Director or Assistant Director. Likewise, we will contact you if there is an emergency or particular concern about your child (illness, homesickness, behavior, etc.)

We offer parents and family additional opportunities to keep in touch during camp. We partner with *eCamp* to provide photo and e-mail services to our families. If you would like to see what's happening at camp, please log onto our web-site at www.casowasco.org or www.aldersgateny.org to view photos. Please bear in mind that photos are often posted the day after they are taken, so photos labeled Tuesday, for example, were posted Tuesday, but may have been taken on Monday, or even Sunday evening. To view photos, you will need a *Camp Code* which is included in this packet, but is also available by calling the site.

Every family is entitled to one free e-mail message as part of their registration package. Additional e-mails may be purchased from *eCamp* through the link on our web-site. E-mails are downloaded each day and delivered to your camper with the U.S. Mail. We cannot guarantee delivery of e-mails sent on the final day of a session. Undelivered e-mails will be mailed back to your campers at your home address.

Thank you for choosing Aldersgate and Casowasco – We look forward to seeing you soon!